

# Step up to Great Mental Health

Rutland Health and Wellbeing Board

Step up to  
Great  
Mental  
Health



The opportunity to have your say  
[www.greatmentalhealthLLR.nhs.uk](http://www.greatmentalhealthLLR.nhs.uk)

# Introduction

- Many years of co-design and development
- Proposal formed and widely consulted upon
- 14<sup>th</sup> December 2021 CCG governing body approved a decision making business case



## *improving mental health care when the need is urgent*

- Building self-help guidance and support
- Introducing a Central Access Point
- Strengthening the role of Crisis Cafes
- Improving the Crisis Service
- Expanding use of the Triage Car
- Introducing a Mental Health Urgent Care Hub
- Introducing an Acute Mental Health Liaison Service
- Joining up support for vulnerable groups

## *working with the community to provide more mental health services locally*

### **New Community Treatment and Recovery Teams**

These teams will help improve the experience and care including:

- Reducing waiting times for treatment and support
- Improved support for individuals with a personality disorder
- Improving services for people of work age and older people
- Expanding Perinatal Services (for the time immediately before and after birth)
- Developing a new maternal outreach service
- Improving experience of individuals with potential psychosis
- Reducing the wait for diagnosis of dementia
- Providing community rehabilitation support to help people recover from complex psychosis

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# A reminder of what we consulted on

The opportunity to have your say

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# Response figures



We reached 3.5 million\* people  
in Leicester, Leicestershire and  
Rutland



6,650

Total response to the consultation



4,093

Survey responses (main and  
easy-read, post and online)



41

Correspondence  
(email and letter)




2,516

Event participants - 74 run by  
V&C and 85 by LPT/CCGs –  
totally 169 events (workshops &  
1.2.1 interviews and focus  
groups)



# When we asked people if they agreed or disagreed with our 16 proposals

- Over 90% of people agreed or strongly agreed with 7 proposals
- Over 80% of people agreed or strongly agreed with 7 proposals
- Over 70% of people agreed or strongly agreed with 2 proposals



It is quite unusual to see this level of support



# Different way of working

- We worked with 40 VCS partners and other stakeholders.
- We learnt a lot about our communities - what they want and how they want to stay involved
- Co-design - this is the way we will work: with our community partners, our staff, our service users.
- The community - all of this has to be done with the community
- Carers - need to be more involved and part of the co-design



# Further learning

- **Keep going** – a high level of agreement through consultation
- **Digital** – make more available online: information and services
- **Language** - are we inclusive? Easy to understand? Need to be better
- **Choice** – make sure people have a choice in how we provide, eg memory service: consultations should be a choice
- **Cultural** – be more aware of sensitivities and differences, eg maternal mental health
- **Carers** – need to be more involved and have better support
- **Promote and increase awareness** – Many people did not know what services there were



# Next steps

- Developing a network of partners including VCS partners to support ongoing co-design through implementation planning and putting into practice
- Refreshing governance to support the delivery of outputs of consultation in neighbourhood, place and across system
- Including wider aspects of MH transformation including neighbourhood development, inpatient, housing and prevention
- Launch of implementation phase moved to Feb due to management of covid